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Every Drop is Powerful!

Celebrating Ten Million Ounces of Human Milk Dispensed

AUSTIN, Texas – January 9, 2024 – [Mothers' Milk Bank at Austin](#) (MMBA) announced today that it has dispensed ten million ounces of donor human milk since opening its doors in 1999. Dispensed to hospital neonatal intensive care units and to outpatients, this pasteurized breast milk had been donated by more than 14,000 mothers; over 75,000 preterm and medically fragile babies received its lifesaving nourishment. With 60,000 preterm infants born in the U.S. each year, and an additional 12,000 born with serious heart and gut complications, more donor milk is needed.

MMBA was founded by two Austin neonatologists with the mission of saving babies' lives. They declared that no human baby should die for lack of human milk. Breast milk is best for all babies; it is critical to survival for preterm and medically fragile infants. Human milk drastically reduces the leading cause of death for the infants — necrotizing enterocolitis — and improves growth and development. Donor human milk is provided to those babies whose mothers are unable to produce any or enough of their own breast milk.

“Every ounce of milk dispensed represents a compassionate gift from a donor, and a lifesaving gift to a recipient. Over the past 24 years, with the support of our community, we have expanded our impact to serve babies in need across Texas and 26 other states,” said Kim Updegrove, MMBA executive director. “We couldn't save lives without the dedication of the mothers who donate their milk, the financial supporters who make sure we have the resources to never turn away a baby in need, and the dedicated staff and volunteers who make our work possible.”

Mothers who are able to produce extra milk are encouraged to call today to be screened. To learn more about the Milk Bank and show your support by donating milk, money or time, visit <http://www.milkbank.org/>.

About Mothers' Milk Bank at Austin

Babies born early need human milk to survive and thrive, however, their mothers often do not have the milk supply needed. Mothers' Milk Bank at Austin is a non-profit milk bank whose mission is to save babies' lives by providing prescribed donor human milk. The Mothers' Milk Bank at Austin has been meeting that need for more than 24 years.

Learn more about Mothers' Milk Bank at Austin:

Website: www.milkbank.org

Facebook: www.facebook.com/donatebreastmilk

Instagram: www.instagram.com/austinmilkbank

