

# HEALTHY MAMA, HEALTHY BABY

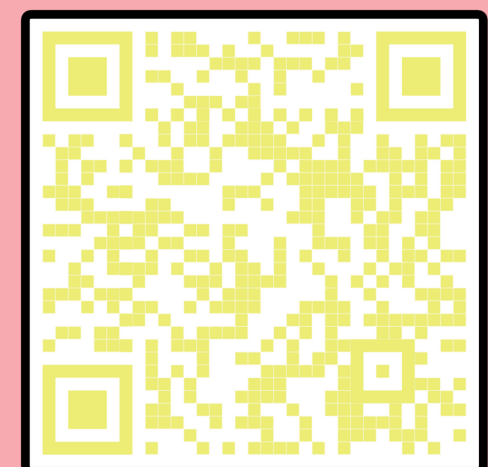
What are my options for healthy food choices?

SNAP &  
WIC



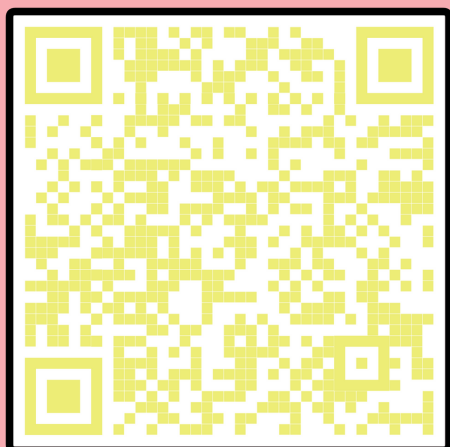
📱 SCAN ME

Central  
Texas Food  
Bank



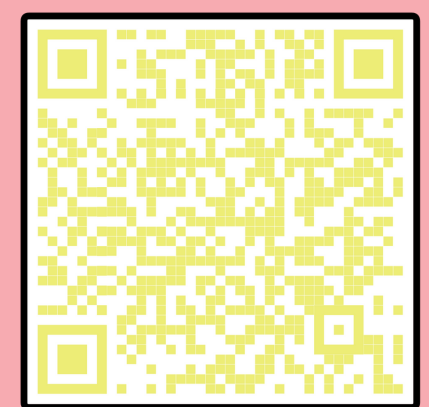
📱 SCAN ME

Community  
gardens



📱 SCAN ME

Farmers  
Markets



📱 SCAN ME



**AUSTIN HAS LOCAL PROGRAMS FOR  
HEALTHY FAMILIES.**

Scan each of the QR Codes to find out more  
information!