

March 2021



Dear Healthcare Provider:

If you have a patient who you feel would benefit from Donor Human Milk (DHM),

MMBA requires the following information:

### **Healthy Babies**

MMBA serves healthy infants in the community when supply allows. If you have a patient who is interested in DHM for their baby, either ongoing or to provide a “bridge” to allow time for the mother to meet her breastfeeding goals, they will need a prescription from you and they will need to contact us to establish services.

### **For Patients with a Medical Need for DHM**

If you have a patient with a medical need for DHM, we will need a prescription and a letter of medical necessity from you and the family will need to contact us. If the patient has insurance, additional paperwork may be required to request a prior authorization.

#### **The prescription should include:**

- Current date
- Patient’s name and date of birth
- Amount of milk (in ounces) to provide per day
- Refills or time frame in which donor human milk is needed: Example: 15 ounces/day for 3 months
- Patient’s Diagnosis or “Healthy Infant”

#### **Letter of Medical Necessity should include:**

- Patient’s name and date of birth
- Medical reasons why donor human milk should be the only source of nutrition – including diagnosis and description
- Birth weight and current weight, growth charts should be submitted if weight gain is an issue
- Documentation of formula trials within the last 90 days: including names, dates, and patient’s response OR reasons why patient should not be subjected to trials
- Documentation of desired treatment outcomes: what will be accomplished by using donor human milk?
- Details on how symptoms have improved with the introduction of donor human milk (if applicable).
- If the patient is approaching age 1, a documented plan for transitioning to another food source

If you have any questions, please don’t hesitate to contact us.

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# Donor Milk Cheat Sheet

## For Health Care Providers

### **A Prescription is always needed, even for healthy babies.**

We are often considered an Out of Network DME provider, we are not able to serve based on a referral.

#### **Healthy Babies**

- Prescription (MMBA can dispense up to 40 ozs of milk without Rx)
- The family needs to call MMBA

#### **Medical need:**

- Prescription (MMBA can dispense up to 40 ozs of milk without Rx)
- Letter of Medical Necessity
- The family needs to call MMBA
- If required by the patient's insurance, we will contact you to complete the necessary forms

#### **Prescriptions Should Include:**

- Current date
- Patient's name and date of birth
- Amount of milk (in ounces) to provide per day
- Refills or time frame in which donor human milk is needed: Example: 15 ounces/day for 3 months
- Patient's Diagnosis or "Healthy Infant"

#### **Letter of Medical Necessity Should Include:**

- Patient's name and date of birth
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#### **What the family can expect when they contact MMBA**

- Recipient Program Staff will assess the patient's needs and send paperwork to establish services
- Family will complete paperwork and submit to MMBA online
- MMBA will discuss financial aspects of donor human milk with family. Insurance coverage may be possible for babies with a medical need for milk.